# **Christina School District**

child nutrition services

# **Back to School Newsletter**

# For School Meals 2023-2024

## All students STILL receive a FREE breakfast & lunch daily!

ALL students will receive a free breakfast & lunch daily AGAIN this year.

Meal Benefit Forms are not needed.

#### PIN # = Student ID #

Child Nutrition Services utilizes a computerized system. Student's cafeteria pin number is their Student ID number which allows students and parents/guardians to put money on their account to be used for second meals or snacks. The pin number is required for all cafeteria transactions whether you are purchasing additional items or not. Helping your child memorize their pin number (6 digit student ID number) will help speed up the lunch lines!

#### Prepayments & Pricing

First Meal: FREE

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- Prepayment for snacks and second meals is available.
- Second Meal Prices:
  - Grades PK-5: Breakfast \$1.75, Lunch \$2.75
  - Grades 6-12: Breakfast \$2.00, Lunch \$3.00
  - Adult Meal Prices: Breakfast \$3.25, Lunch \$4.75
- Software system for online payments—LINQ Connect.
  - Online payments will be accepted at <u>https://lingconnect.com</u> this year. This gives families the option to view balances and account activity. A convenience fee will be charged for every transaction.

#### Healthy Meals at School

School meals offer students milk, fruits, vegetables, proteins and grains, Meals meet strict federal nutrition standards that ensure meals are healthy and well-balanced and provide students all the nutrition they need to succeed at school.

### Healthy Snacks/Beverages & Wellness

Our goal is to promote a healthier school environment. Healthy Snacks/beverages are available in most schools for an additional cost. For specific products call your school cafeteria. To reduce the risk of life threatening food allergy reactions, non food items rather than store or home baked goods should be provided for classroom celebrations. Candy and Soda are not permitted.

## **Food Allergies**

If your child is allergic to food, please provide a signed physician note to your school nurse stating the allergy. If a special menu is needed, the Registered Dietitian will create a menu for your child with proper documentation.

Child Nutrition Contact Information: childnutrition@christina.k12.de.us or 302-454-2400



